

HOW TO FIT YOUR RIDE-LITE SERIES VEST

To ensure your Tipperary body protector offers the optimum level of protection, it is important that it fits correctly.

WHAT YOU NEED

- A soft fabric measure tape with inches or centimeters. Don't have one? You can download and [make your own here](#). All you need is a pair of scissors and clear tape.
- A friend to help.
- Wear a T-shirt.

HOW TO MEASURE

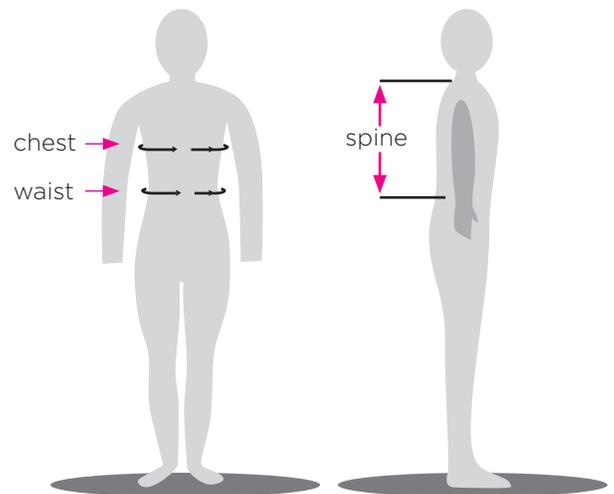
This vest requires measurements of the chest, waist and spine. Remember, the Ride-Lite vest is designed to be adjustable. For growing children, select the smaller size of the measurement range which will allow room for growth.

Chest: Under the arms at the widest part across the chest.

Waist: At natural waist.

Spine: Measure from the base of the neck to where your belt would sit.

Note this vest is NOT designed to cover the tailbone.



PUTTING ON YOUR VEST

- Each time you put on your Ride-Lite vest, make sure all the Velcro® straps at the sides and shoulders are loose to prevent undue stress on the zipper.
- Make sure the zipper is seated well and do it up.
- Adjust the straps to ensure a snug fit.

For more assistance, please contact:

Customer Care

T: 888.313.8842 toll free

T: 905.738.9944

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RIDE-LITE ADULT						
SIZE	CHEST		WAIST		SPINE	
	IN	CM	IN	CM	IN	CM
REGULAR						
XS	30 - 34	75 - 85	24 - 28	60 - 70	18-20	45.5 - 50.5
S	34 - 38	85 - 95	28 - 32	70 - 80	18-20	45.5 - 50.5
M	38 - 42	95 - 105	32 - 36	80 - 90	18-20	45.5 - 50.5
L	42 - 46	105 - 115	36 - 40	90 - 100	18-20	45.5 - 50.5
TALL						
TS	34-38	85 - 95	28 - 32	70 - 80	20-22	50.5 - 55.5
TM	38-42	95 - 105	32 - 36	80 - 90	20-22	50.5 - 55.5
TL	42-46	105 - 115	36 - 40	90 - 100	20-22	50.5 - 55.5

RIDE-LITE YOUTH						
SIZE	CHEST		WAIST		SPINE	
	IN	CM	IN	CM	IN	CM
YXS	22 - 26	55 - 65	20 - 24	50 - 60	12-14	30.5 - 35.5
YS	26 - 30	65 - 75	24 - 28	60 - 70	14-16	35.5 - 40.5
YM	30 - 34	75 - 85	28 - 32	70 - 80	16-18	40.5 - 45.5
YL	34 - 38	85 - 95	32 - 36	80 - 90	18-20	45.5 - 50.5