

## WHAT YOU NEED

It is recommended to have someone assist you with the measurement process

- Wear a thin shirt that you'd typically ride in (polo, t-shirt, or sunshirt) when fitting your body protector in order to get a correct fit
- A fabric measuring tape
- The size chart for the Tipperary Contender body protector

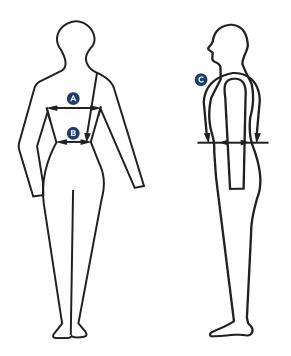
# TAKE YOUR MEASUREMENTS

**Chest Measurement:** Start in the middle of your sternum and go around the largest part of your chest and under your armpits. Ensure that the measuring tape is level all the way around your body for an accurate measurement

Waist Measurement: Measure around your natural waistline

### Waist to Shoulder Measurement: Start the

measuring tape in front of you at your natural waist. Follow the measuring tape up along your torso, over your shoulder and down your back making sure to keep the measuring tape straight and close to your body. When the measuring tape reaches your natural waistline at your back, this will be your waist to shoulder measurement



	CONTENDER BODY PROTECTOR ADULT									
SIZE	CHEST		WAIST B		WAIST TO SHOULDER					
	IN	СМ	IN	СМ	IN	СМ				
XS	32-34	81-86	29-31	74-79	30-32	76-81				
S	34-36	86-91	31-33	79-84	32-34	81-86				
м	36-38	91-97	33-35	84-89	34-36	86-91				
L	38-40	97-102	35-37	89-94	36-38	91-96				
XL	40-42	102-107	37-39	94-99	38-40	101-106				



CONTENDER BODY PROTECTOR YOUTH

SIZE	CHEST		WAIST B		WAIST TO G	
	IN	СМ	IN	СМ	IN	СМ
YXXS	20-22	51-56	17-19	43-48	18-20	46-51
YXS	22-24	56-61	19-21	48-53	20-22	51-56
YS	24-26	61-66	21-23	53-58	22-24	56-61
YM	26-28	66-71	23-25	58-63	24-26	61-66
YL	28-30	71-76	25-27	63-68	26-28	66-71
YXL	30-32	76-81	27-29	68-73	28-30	71-76

# FITTING AND ADJUSTMENTS

Before trying on your body protector, make sure all zippers are undone and that all side closures are loosened. If not, this can weaken the zipper due to extreme pressure applied during fitting, and increase the risk of zipper breakage.

Once your body protector is on, carefully do up the zipper. Ensure that you place the pin in the zipper pull correctly and all the way before doing up the zipper. Next, adjust the lace side closures.

# **OVERALL FIT**

If the body protector is pinching in any areas, you may have adjusted the lace closures too tightly, or the size is incorrect. The back protector should be snug, but allow the wearer room for good breathability and lifting of the ribcage. It is recommended that every time you put your back protector on to ensure that all closures are loosened to minimize wear and tear and the zipper and closures.