

HOW TO FIT YOUR TIPPERARY COMPETITOR BODY PROTECTOR



WHAT YOU NEED

It is recommended to have someone assist you with the measurement process

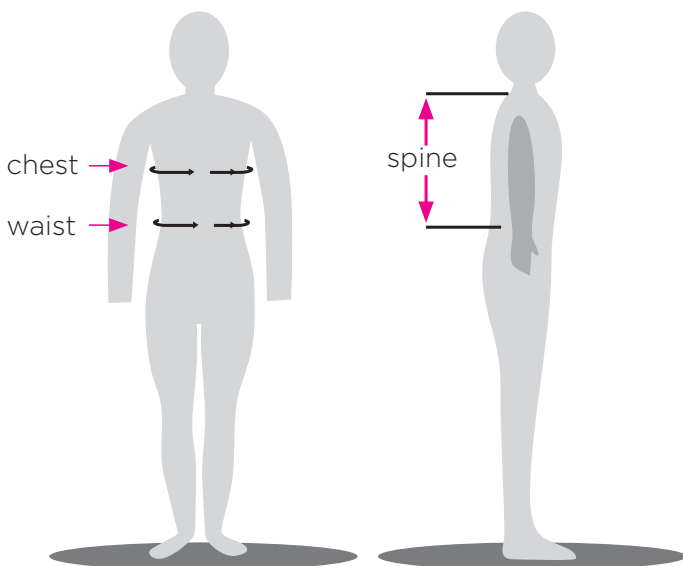
- Wear a thin shirt that you'd typically ride in (polo, t-shirt, or sunshirt) when fitting your body protector in order to get a correct fit
- A fabric measuring tape
- The size chart for the Tipperary Competitor body protector

TAKE YOUR MEASUREMENTS

Chest Measurement: Start in the middle of your sternum and go around the largest part of your chest and under your armpits. Ensure that the measuring tape is level all the way around your body for an accurate measurement

Waist Measurement: Measure around your natural waistline

Spine Measurement: Start the measuring tape at the large vertebrae at the base of your neck. Follow the measuring tape to where your belt would sit, this will be your spine measurement



SIZE	CHEST		WAIST		SPINE	
	IN	CM	IN	CM	IN	CM
XS	28-30	71-76	24-26	61-66	14¼	36
S	32-34	81-86	28-30	71-76	15¾	40
M	36-38	91-97	32-34	81-86	17¼	44
L	40-42	102-107	36-38	91-97	18¾	48
XL	44-46	112-117	40-42	102-107	20¼	51

FITTING AND ADJUSTMENTS

Before trying on your body protector, make sure all zippers are undone and that all side closures are loosened. If not, this can weaken the zipper due to extreme pressure applied during fitting, and increase the risk of zipper breakage.

Once your body protector is on, carefully do up the zipper. Ensure that you place the pin in the zipper pull correctly and all the way before doing up the zipper. Next, adjust the Velcro® side closures.

OVERALL FIT

If the body protector is pinching in any areas, you may have adjusted the Velcro® closures too tightly, or the size is incorrect. The back protector should be snug, but allow the wearer room for good breathability and lifting of the ribcage. It is recommended that every time you put your back protector on to ensure that all closures are loosened to minimize wear and tear and the zipper and closures.